

<b>POLAND SCHOOL COMMITTEE</b>	<b>CODE: GBGC</b> Page: 1
<b>SUBJECT: WELLNESS</b>	
<b>DATE OF ORIGINAL POLICY:</b> August 2006 <b>REVISION DATE:</b>	
<b>JURISDICTION:</b> Poland Community School Bruce M. Whittier Middle School	

**POLICY:**

The Poland School Committee is committed to providing a school environment that enhances learning and development of lifelong wellness practices.

**AMPLIFYING INSTRUCTIONS AND GUIDELINES:**

- Child Nutrition Programs comply with federal, state and local requirements. Child Nutrition Programs are accessible to all children.
- Sequential and interdisciplinary nutrition education is provided and promoted.
- Patterns of meaningful physical activity connect to students' lives outside of physical education.
- All school-based activities are consistent with local wellness policy goals.
- All foods and beverages made available on campus (including vending, concessions, a la carte, student stores, parties and fundraising) during the school day are consistent with the current Dietary Guidelines for Americans.
- All foods made available on campus adhere to food safety and security guidelines.
- The school environment is safe, comfortable, pleasing and allows ample time and space for eating meals. Food and/or physical activity is not used as a reward or punishment.

**DELEGATION OF AUTHORITY:**

The Poland School Committee delegates implementation of this policy to the Superintendent of Schools who may delegate aspects and responsibility to the principal.

**LEGAL REFERENCE:**

Federal Public Law (PL 108.265 Section 204)

