



# Poland Regional High School

1457 Maine Street, Poland, Maine 04274

ph: 207.998.5400 fax: 207.998.5060

**Cari Medd**  
Principal  
cmedd@rsu16.org

**Patrick Flynn**  
Assistant Principal  
pflynn@rsu16.org

**Don King**  
Dir. of Co-Curricular Activities  
dking@rsu16.org

January 2022

Dear Residents of Mechanic Falls, Minot and Poland,

All of our students and staff are back in our building full time and our year looks very normal compared to last year. Students are taking full class loads, socializing at lunch and enjoying the return of many of our traditions. Here is a summary of what we have been able to accomplish to give our students a great high school experience:

- Homecoming bonfire in October.
- Homecoming dance, outside under a tent, which was well attended and fun!
- Sports teams are up and running and have seen very little disruption to their schedules.
- Both the band and the chorus had concerts in December.
- Clubs and student government are back to full operations.
- Poland Players Theatre group put on a fall play and are planning for a spring musical.

The class of 2021 graduated last June at the Auburn airport. One positive thing that has come from the pandemic has been the increased collaboration between all of the high schools in Androscoggin County. The airport graduation was a joint event planned and executed by Leavitt, Oak Hill, Lewiston and Poland Regional High Schools. Our graduation plan this year is for the Class of 2022 to graduate back here at the high school.

Many of our students are feeling the effects of the disruption of their school experience over the past two years so our faculty has been working very hard to support them and help them transition back to full time school. All of our teachers took a course called "Making Student Thinking Visible" to refresh their skills in encouraging student discussion and explaining their thinking. They have created professional goals to improve these teaching skills and help students to recover some of skills they lost while doing part of their schooling virtually. I am incredibly proud of our teachers and the hard work they are doing to help their students.

This year has been more difficult than last year, a real surprise to all of us. But the struggles all of us are facing are worth the effort to get all of our students' lives back on track and feeling normal!

Sincerely,  
**Cari Medd**  
Principal

**Ken Healey,**  
Superintendent  
[khealey@rsu16.org](mailto:khealey@rsu16.org)  
207.998.2727